

What is it for?

.....
Immediate, real-time feedback on verbal storytelling

Time & People

.....
10 - 15 mins
Pairs

Materials

.....
None

Source

.....
Kat Koppett, and Simo Routarinne,
Applied Improvisation Network

And also...

.....
Can add a third element - emotion - using your hands to create a heart symbol, or simply putting your hand over your heart.

When asking for emotion you are wanting the teller to say how they were feeling.

Description

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In pairs, standing up and facing each other, you are going to take turns to tell a true story. It can be one you have told before, or if you can't think of anything, tell the story of your morning.

Your partner is going to listen and give you real-time feedback to either colour the story (provide more detail) or advance (move the story forward).

When giving this feedback, your partner will use hand signals, and sometimes words.

Colour: hand signal is like stretching a rubber band
Sometimes you might need to specify what you want more colour about, eg, colour the dog.

I took the dog for a walk.

Colour the dog.

I took the dog, a four-year old Golden Retriever called Flash, for a walk.

Advance: hand signal is rolling your hands over each other
Words are rarely needed with advance.

Debrief

What was it like to give/receive feedback?

Why do we sometimes find it difficult to ask for what we want when listening to someone?

In what ways did this feedback change your story?

How else might you use this?