

Getting to There

What is it for?

.....
A planning activity for individuals to explore an alternative future situation

Time & People

.....
2 - many, done in pairs

Materials

.....
Floor space
Prepared cards with the prompt questions

Source

.....
Action methods, Antony Williams, and adapted from an online activity "A two-year career roadmap"

And also...

.....
I print out the activity on cards so that the person asking the questions can have them in their hand and focus on their partner, and not at looking up at the questions somewhere else in the room.

Description

.....
One of the pair asks questions of the other person who is taking steps in a straight line towards the future. It's important that the pairs stand shoulder to shoulder, not facing each other.

Start with standing in the present. Now take four intentional steps towards the future (count them out loud 1, 2, 3, 4)

Turn around and look back at where you have come from (all of this stepping, turning, looking etc is important because it embodies the activity, instead of it just being in their heads)

Ask the first question of the future state: *Look around. Describe what you see. What are you doing? How do you feel?*

Now take a step back towards the present, and ask the 2nd question: *What positive steps did you take to get there? What decisions did you make? What went well?*

Now take another step back towards the present, and ask the 3rd question: *What mistakes or bad habits did you avoid along the way?*

Another step, another question (you are now back at the start/present): *What elements in your current situation are already taking you there?*

Swap roles and repeat

Notes: Time frame can vary, can be 6 months, end of next quarter, one year - whatever is appropriate

Can be framed around a personal challenge or a group challenge eg How am I going to contribute to the development of our team in the next 6 months.

