

What is it for?

A participatory activity to encourage connecting of ideas and creativity

Time & People

5 - 15 minutes

4 - 40

Ideal: around 20

Materials

None

Source

Improv Theatre Game

Description

Stand the group in a circle, with the first player in the centre

- First player strikes a pose and says I am a tree
- Second player comes in and strikes a relational pose and says what they are in relation to the tree (eg leaf, fruit etc)
- Third player comes in and completes the picture with another element
- First player says what they will keep, and they and the other player leave the centre of the circle
- Remaining player repeats what they are (eg I am a fruit) and the game continues with two more players coming in
- Continue until the game breaks down

Debrief

- How hard or easy was it to think of something?
- What is the point of this game?
- What was it like to be left in the centre without any other players?
- What encouraged or prevented you from taking part?