

# ORID

#### What is it for?

A simple and framework for thinking, leading discussions, preparing reports, debriefing, designing events etc based on the way the human brain processes information

## **Time & People**

Depends on the application, from a few minutes to hours. Usually allow 40 minutes if using as a discussion or debrief process.

Numbers: unlimited

#### **Materials**

None

### **Source**

Institute of Cultural Affairs, ToP

#### And also...

This is a deceptively simple approach, but takes time to master. It is especially difficult to ask OBJECTIVE level questions if unprepared.

## **Description**

The discussion is led by someone asking questions that follow the ORID framework.

OBJECTIVE questions are about what we see and hear. REFLECTIVE questions are about emotions, feelings and reactions.

INTERPRETIVE questions are about making sense, interpreting and making meaning DECISIONAL questions are about what happens next.

Can be done in a whole group, or in small group discussions

Can incorporate different approaches at each stage, eg using pictures at the reflective stage, one-on-one then whole group or small group

Can be used as a review process

- Create a chart divided into the number of days you want to review (or months/quarters if it's a whole year)
- o Identify what we did each day (O)
- o Mark with smiley and sad faces to indicate what you enjoyed and what you didn't (R)
- o Identify when there were shifts in us as a group (I)
- Name each of the phases of the training(I)
- Give an overall name(title) to the shared experience (D)